



## WRENTHAM PUBLIC SCHOOLS

SCHOOL COMMITTEE  
120 TAUNTON STREET  
WRENTHAM, MA 02093

Tracey Murphy, Ph.D.  
Chair

Allan W. Cameron, Ph.D.  
Superintendent

### Wellness Policy Implementation Procedure, 2015-2016

The Wellness Committee of Wrentham Public Schools is comprised of district and school administrators, school nurses, classroom teachers, PE teachers, students' families, and members of the community. The purpose of the Wellness Committee is to review and recommend to the School Committee policies and procedures that promote student health, protect students with food allergies, and are consistent with federal and state laws. Please contact your building principal or nurse if you have any questions about the Wellness Policy Implementation Procedure outlined below.

- Foods and beverages that are offered to all students (not individual snacks or lunches brought from home) must meet the following criteria as outlined by Massachusetts General Law c 111 223 "An Act Relative to School Nutrition":
  - Water, low-fat milk, and 8 ounces of 100% juice
  - Fresh fruit and vegetables
  - Snacks made of at least 51% whole grain, 200 calories or fewer per serving, and pre-packaged
  - No artificial sweeteners or trans fats
- The principal and school nurse will approve the foods offered to all students at least 2 weeks prior to the event with the *WPS Wellness Policy Food Event Request Form*. Accommodations will be made to ensure all students can participate safely in classroom events that involve food.
- Foods and beverages will not be used in the classroom as rewards or incentives.
- Students are not permitted to share their food with other students.

Parents are encouraged to contact the school nurse or principal if they have any questions or feedback about the Wellness Policy Implementation Procedure. The Wellness Committee meets throughout the school year to update the Wellness Policy Implementation Procedure. Please let your nurse or principal know what works well and what we can improve.

#### Core Values

Respect • Communication • Collaboration • Responsibility • Continuous Growth and Learning